

HUMAN SERVICES COUNSELING (M.A.) - HEALTH & WELLNESS

Important: This degree plan is effective for those starting this degree program in fall 2025 through summer 2026. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

Code	Title	Hours
Core Courses		
HSCO 500	Introduction to Human Services Counseling ¹	3
HSCO 502	Human Growth and Development	3
HSCO 506	Integration of Spirituality and Counseling	3
HSCO 508	Studies in Interpersonal Communication	3
HSCO 509	Multicultural Issues in Human Services	3
HSCO 511	Group Dynamics	3
Total Hours		18

¹ HSCO 500 Introduction to Human Services Counseling (3 c.h.) is a required first entry course for all students in this degree

Code	Title	Hours
Health & Wellness Cognate		
Choose four of the following:		12
HLTH 509	Social and Behavioral Theory Applications in Public Health	
HLTH 551	Issues in Public and Community Health	
HLTH 553	Grant Acquisition and Management	
HLTH 556	Politics and Health Policy	
HLTH 635	Health Agency Management	
HLTH 640	Principles of Nutrition	
Total Hours		12

All applicable prerequisites must be met

Graduation Requirements

- Complete 30 hours
- A maximum of 50% of the program hours may be transferred if approved and allowable, including credit from an earned degree from Liberty University on the same academic level
- 2.5 GPA
- No grade of D or below may be applied to the degree (includes grades of D+ & D-)
- Liberty University course work that is more than 10 years old may not be applied towards this degree. Students are required to repeat the course if it has exceeded the age limit
- Degree must be completed within 5 years
- Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

Program Offered in Online Format Course Sequence

Course	Title	Hours
First Year		
First Semester		
HSCO 500	Introduction to Human Services Counseling ¹	3
HSCO 502	Human Growth and Development	3
HSCO 508	Studies in Interpersonal Communication	3
HLTH Elective ²		3
Hours		12
Second Semester		
HSCO 506	Integration of Spirituality and Counseling	3
HSCO 509	Multicultural Issues in Human Services	3
HLTH Elective ²		3
HLTH Elective ²		3
Hours		12
Second Year		
First Semester		
HSCO 511	Group Dynamics	3
HLTH Elective ²		3
Hours		6
Total Hours		30

¹ HSCO 500 is a required first entry course for all students in this degree

² Choose one of the following courses: HLTH 509, 551, 553, 556, 635, or 640