

CURRICULUM & INSTRUCTION (M.ED.) - HEALTH & WELLNESS (NON-LICENSURE)

Important: This degree plan is effective for those starting this degree program in fall 2025 through summer 2026. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

This is a non-licensure degree and is not a state-approved program. Completion of this degree will not lead to the eligibility of a VA state teaching license or a teaching license or certificate in any other state. If you would like to be eligible for a VA state teaching license or work through reciprocity guidelines to be eligible for a license or certificate in another state, you must complete one of our state-approved programs. Refer to www.liberty.edu/advisingguide

Code	Title	Hours
Advanced Education Core Courses		
EDUC 604	Foundations of Education	3
EDUC 630	Technology Practices for Instructional Improvement	3
EDUC 671	Curriculum Evaluation	3
EDUC 673	Curriculum and Methods for Effective Instruction	3
<i>Choose one of the following:</i>		
EDUC 547	The Differentiated Classroom	3
EDUC 624	Instructional Methods for Behavior and Learning	3
Total Hours		18

Code	Title	Hours
Health and Wellness Cognate		
EXSC 640	Public Health and Physical Activity	3
EXSC 650	Promoting Physical Activity in the Community	3
EXSC 660	Fitness Assessment and Programming	3
HLTH 640	Principles of Nutrition	3
HLTH 644	Diabetes, Obesity and Eating Disorders	3
Total Hours		15

Code	Title	Hours
Professional Courses		
EDUC 518	Educational Research and Assessment	3
EDUC 696	Current Issues in Education Capstone	3
Total Hours		6

Code	Title	Hours
Gate Courses		
EDGT 674	School of Education Gate 1 – Graduate Non-Licensure	0
EDGT 678	School of Education Gate 2 – Graduate Non-Licensure	0
EDGT 680	School of Education Gate 3 – Non-Licensure	0
Total Hours		0

Note

- No residency required

All applicable prerequisites must be met

Graduation Requirements

- Complete 36 hours
- A maximum of 50% of the program hours may be transferred if approved and allowable, including credit from an earned degree from Liberty University on the same academic level
- 2.5 GPA
- No more than two grades of C may be applied to the degree (includes grades of C+ & C-)
- No grade of D or below may be applied to the degree (includes grades of D+ & D-)
- Degree must be completed within 5 years
- Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

Program Offered in Online Format

Course Sequence

Course	Title	Hours
First Year		
First Semester		
EDUC 518	Educational Research and Assessment	3
EDUC 547 or EDUC 624	The Differentiated Classroom or Instructional Methods for Behavior and Learning	3
EDUC 604	Foundations of Education	3
EDGT 674	School of Education Gate 1 – Graduate Non-Licensure	0
EDGT 678	School of Education Gate 2 – Graduate Non-Licensure	0
Hours		9
Second Semester		
EDUC 630	Technology Practices for Instructional Improvement	3
EXSC 640	Public Health and Physical Activity	3
EXSC 650	Promoting Physical Activity in the Community	3
Hours		9
Second Year		
First Semester		
EDUC 671	Curriculum Evaluation	3
EXSC 660	Fitness Assessment and Programming	3
HLTH 640	Principles of Nutrition	3
EDGT 680	School of Education Gate 3 – Non- Licensure	0
Hours		9
Second Semester		
EDUC 673	Curriculum and Methods for Effective Instruction	3
EDUC 696	Current Issues in Education Capstone	3

Course	Title	Hours
HLTH 644	Diabetes, Obesity and Eating Disorders	3
Hours		9
Total Hours		36