

PUBLIC HEALTH (M.P.H.) - NUTRITION

Important: This degree plan is effective for those starting this degree program in fall 2025 through summer 2026. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

Code	Title	Hours
Core Courses		
HLTH 501	Biostatistics ¹	3
HLTH 503	Principles of Epidemiology	3
HLTH 505	Principles of Environmental Health	3
HLTH 507	Public Health Administration	3
HLTH 509	Social and Behavioral Theory Applications in Public Health	3
HLTH 511	Research Methods in Public Health	3
Total Hours		18

¹ Gate 1 - Admission to Graduate School, Successful completion of PHGT 510 Public Health Orientation (0 c.h.), Completion of HLTH 501 Biostatistics (3 c.h.) with a grade of C or higher

Code	Title	Hours
Gate Courses		
PHGT 510	Public Health Orientation ¹	0
PHGT 512	Public Health Essay ²	0
PHGT 513	Public Health Portfolio ³	0
PHGT 514	Public Health Competency Exam ⁴	0
Total Hours		0

¹ Gate 1 - Admission to Graduate School, Successful completion of PHGT 510 Public Health Orientation (0 c.h.), Completion of HLTH 501 Biostatistics (3 c.h.) with a grade of C or higher

² Gate 2 - Successful completion of PHGT 512 Public Health Essay (0 c.h.), Complete 12 credit hours (must include HLTH 501 Biostatistics (3 c.h.) with a grade of C or higher)

³ Gate 3 - Successful completion of PHGT 513 Public Health Portfolio (0 c.h.)

⁴ Gate 4 - Successful completion of PHGT 514 Public Health Competency Exam (0 c.h.) with a passing score of 70% or better. Students have three attempts to take the exam. Failure to pass the exam will result in remediation or dismissal from the program.

Code	Title	Hours
Nutrition Concentration		
HLTH 640	Principles of Nutrition	3
HLTH 642	Food-borne Illness Prevention	3
HLTH 643	Public Health Nutrition	3
HLTH 644	Diabetes, Obesity and Eating Disorders	3
HLTH 645	Performance Nutrition for the Physically Active	3
HLTH 698	Practicum ^{1,2}	3
Total Hours		18

¹ Gate 5 - Successful completion of HLTH 698 Practicum (3 c.h.). Contact the Practicum Director for practicum agreement, application, and registration of HLTH 698 Practicum (3 c.h.), which will include 120 field hours and a 16 week practicum course.

² Gate 6 - Apply for and meet all requirements for graduation.

Code	Title	Hours
Elective Courses		
HLTH Elective ¹		3
HLTH Elective ¹		3
Total Hours		6

¹ Choose a 500-600 level HLTH course not already applying to the degree. Graduate level courses other than HLTH may be accepted, but only with program approval.

All applicable prerequisites must be met

Graduation Requirements

- Complete 42 hours
- A maximum of 50% of the program hours may be transferred if approved and allowable, including credit from an earned degree from Liberty University on the same academic level
- 3.0 GPA
- No more than two grades of C may be applied to the degree (includes grades of C+ & C-)
- No grade of D or below may be applied to the degree (includes grades of D+ & D-)
- Degree must be completed within 5 years
- Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

Program Offered in Resident & Online Format Course Sequence

Course	Title	Hours
First Year		
First Semester		
HLTH 501	Biostatistics	3
HLTH 505	Principles of Environmental Health	3
HLTH 640	Principles of Nutrition	3
PHGT 510	Public Health Orientation	0
Hours		9
Second Semester		
HLTH 503	Principles of Epidemiology	3
HLTH 509	Social and Behavioral Theory Applications in Public Health	3
HLTH 644	Diabetes, Obesity and Eating Disorders	3
PHGT 512	Public Health Essay	0
Hours		9
Second Year		
First Semester		
HLTH 507	Public Health Administration	3
HLTH 511	Research Methods in Public Health	3

Course	Title	Hours
HLTH 643	Public Health Nutrition	3
HLTH 645	Performance Nutrition for the Physically Active	3
PHGT 513	Public Health Portfolio	0
Hours		12
Second Semester		
HLTH 642	Food-borne Illness Prevention	3
PHGT 514	Public Health Competency Exam	0
Elective ¹		3
Elective ¹		3
Hours		9
Third Year		
First Semester		
HLTH 698	Practicum ²	3
Hours		3
Total Hours		42

¹ Choose a 500-600 level HLTH course not already applying to the degree. Graduate level courses other than HLTH may be accepted, but only with program approval.

² 16 week A-Term course with 120 field hours