

# COUNSELING: SCHOOL COUNSELING (COSC)

## **COSC 500 Gate 2/Orientation to School Counseling 0 Credit Hour(s)**

The Council for Accreditation of Counseling and Related Education Programs requires the following: "Before or at the beginning of the first term of enrollment in the academic unit, the program provides a new student orientation during which a student handbook is disseminated and discussed, students' ethical and professional obligations and personal growth expectations as counselors-in-training are explained, and eligibility for licensure/certification is reviewed." This COSC 500 course includes the required material listed above. This is a 0 credit course and is pass/fail. Approval through Gate 2 indicates the student has completed this required component and can continue through the program.

**Offered:** Online

## **COSC 501 Professional, Ethical, and Legal Issues in School Counseling 3 Credit Hour(s)**

This course introduces students to the professional functioning of counselors with an emphasis on school counselors in relation to other human services and education professionals, including history, professional identity, roles, professional organizations, ethics, legalities, standards, and credentialing. Current issues, trends, and best practices in a variety of professional counseling settings are explored with an emphasis on ethical and legal issues in professional school counseling.

**Offered:** Online

## **COSC 505 Counseling Techniques for School Counseling 3 Credit Hour(s)**

**Prerequisite:** (COSC 500 or Education Counseling Gate 2 with a score of 5) and COSC 501

This is a competency-based course with an experiential emphasis. The student is required to demonstrate proficiency in counseling concepts and techniques that align with a variety of theoretical approaches which are all fundamental to understanding and modeling a therapeutic counseling relationship. These basic skills will be practiced and applied.

**Offered:** Resident and Online

## **COSC 510 Theories of School Counseling 3 Credit Hour(s)**

**Online Prerequisite:** (COSC 500 or Education Counseling Gate 2 with a score of 5) and (COSC 501 or EDCE 501)

This course provides in-depth exploration of selected counseling theories including empirically supported treatment modalities appropriate for school settings. Through this course, students learn about the nature and process of therapy, and begin to learn how to conceptualize client presentations and select appropriate interventions while considering issues of diversity. Students will define their own theoretical approach to counseling in their work with individuals and families.

**Offered:** Online

## **COSC 512 Structured Groups 3 Credit Hour(s)**

**Online Prerequisite:** ((COSC 505 or EDCE 505) and (COSC 500 or Education Counseling Gate 2 with a score of 5)) and COSC 501 and COSC 510

This course focuses on group work in a school setting. A variety of small groups are explored as well as the counseling techniques that fit best in the school environment. Standards blending is a key element of focus as it relates to group design and development. This is a competency-based course with an experiential emphasis where students are required to demonstrate their small group counseling skills that align with a variety of theoretical approaches.

**Offered:** Online

## **COSC 513 Gate 2.5/Practicum Application 0 Credit Hour(s)**

**Online Prerequisite:** ((COSC 501 or EDCE 501) and (COSC 505 or EDCE 505) and COSC 500 and COSC 510)

This COSC 513 course includes the application process for Gate 2.5 and practicum field placement for the school counseling program. This course is 0 credits and is Pass/Fail. Approval through Gate 2.5 and completion of the practicum application process indicates approval to begin the school counseling practicum (COSC 692 or COSC 698).

**Registration Restrictions:** MED School Counseling students

**Offered:** Online

## **COSC 521 Foundations of Exceptionality 3 Credit Hour(s)**

A comprehensive course dealing with the characteristics of children and youth with exceptionalities and topics related to models of service delivery, documentation procedures, and legal/ethical issues.

**Offered:** Online

## **COSC 604 Foundations of Education and School Counseling 3 Credit Hour(s)**

This course provides foundational knowledge of the development of the American education system and the evolution of school counseling. Students will explore the trajectories of diverse learners and learning environments. Students will understand the social, political, spiritual, and cultural influences on the educational system as well as how their role as a school counselor impacts education today.

**Offered:** Online

## **COSC 611 Counseling Children and Adolescents in Schools: Social Emotional Development and Exceptionalities 3 Credit Hour(s)**

**Online Prerequisite:** (COSC 500 or Education Counseling Gate 2 with a score of 5) and COSC 501

A comprehensive course focusing on the most effective counseling theories and techniques when working with children and adolescents in a school setting. This course specifically examines the characteristics of children and adolescents with exceptionalities and how this impacts service delivery. There is also a focus on the role of school counselors in relation to advocating and supporting all students as well as issues related to religion and spirituality in the school counseling setting.

**Offered:** Online

## **COSC 612 Advanced School Counseling Interventions 3 Credit Hour(s)**

**Online Prerequisite:** COSC 500 and COSC 501 and COSC 505 and COSC 611

This advanced course provides students with creative, concrete, and practical ways of understanding the major mental health concerns facing children and adolescents in schools today. In this course students will learn about prescriptive play therapy, psychopharmacology, and an integrative approach to treatment planning as it relates to the school setting. Additionally, the course explores the different ways mental health disorders present in children and adolescents and how to develop effective, evidence-based treatment plans to meet students' needs in the school setting.

**Offered:** Online

**COSC 622 Assessment and Evaluation in School Counseling 3 Credit Hour(s)**

**Online Prerequisite:** (COSC 500 or Education Counseling Gate 2 with a score of 5) and (COSC 501 or EDCE 501) and (COSC 505 or EDCE 505) and (COSC 510 or EDCE 510) and (COSC 512 or EDCE 512) and (COSC 611 or EDCE 611) and (COSC 660 or EDCE 660) and (COSC 661 or EDCE 661) and (COUC 502 or CMHC 502 or COUN 502) and (COUC 504 or CMHC 504 or COUN 504)

This course is designed to provide an understanding of individual and group approaches to assessment and evaluation in a diverse K-12 educational setting. Comprehension and application of basic concepts of standardized and non-standardized testing and other specific P-12 school counseling assessments. Students will identify and apply ethical strategies for selecting, administering, and interpreting assessment and evaluation instruments and techniques in a school counseling setting.

**Offered:** Online

**COSC 660 Principles of School Counseling 3 Credit Hour(s)**

**Online Prerequisite:** (COSC 500 or Education Counseling Gate 2 with a score of 5) and COSC 501

This course studies the foundation of professional school counseling including the foundation of the ASCA National Model; Assess, Deliver, Define, and Manage. Current trends are explored as well as the role of the school counselor in pluralistic schools with a systems-focus. ASCA Mindsets and Behaviors for student success are integrated to assist students in conceptualizing the school counseling profession as a whole.

**Offered:** Online

**COSC 661 School Counseling Program Development and Evaluation 3 Credit Hour(s)**

**Online Prerequisite:** ((COSC 500 or Education Counseling Gate 2 with a score of 5) and (COSC 501 or EDCE 501) and (COSC 505 or EDCE 505) and COSC 513 and COSC 660 )

This course is designed to examine the overall design, development and implementation of a comprehensive school counseling program. The dynamics of classroom guidance lessons are explicitly addressed. Implications for direct and indirect school counseling services are explored as well as ways to promote access and equity for all students.

**Offered:** Online

**COSC 662 School Counselors as Leaders: Consultation, Collaboration, and Integration 3 Credit Hour(s)**

**Online Prerequisite:** ((COSC 501 or EDCE 501) and (COSC 505 or EDCE 505) and COSC 500 and COSC 513 and COSC 660 and COSC 661 )

This course explores leadership, advocacy, consultation and collaboration as it relates to the role of a professional school counselor. In this course, students will learn how to integrate a Christian perspective in the public school system, address intersectionality and apply the RTI/MTSS Model as they collaborate with key stakeholders. Additionally, this course will provide students with a practical approach to working within the family system and making appropriate referrals as it relates to school counseling.

**Offered:** Online

**COSC 665 Crisis Counseling in Schools 3 Credit Hour(s)**

**Online Prerequisite:** ((COSC 501 or EDCE 501) and (COSC 505 or EDCE 505) and COSC 500 and COSC 513 and COSC 660 and COSC 661 )

This course will explore crisis and trauma as it is experienced by children and adolescents. Emphasis will be placed on signs and symptoms of how trauma presents itself in this diverse population, trauma-informed schools, and information-gathering tools and interventions appropriate for the school setting. School counselor roles and responsibilities as it relates to emergency management teams and emergency management plans will be discussed as well as ways that school counselors support students in times of crises, disasters, and trauma.

**Offered:** Online

**COSC 690 Gate 3.0/Internship I Application 0 Credit Hour(s)**

**Online Prerequisite:** (COSC 500 or EDCE 500) and (COSC 501 or EDCE 501) and COSC 505 and COSC 510 and (COSC 512 or EDCE 512 or EDUC 512) and COSC 513 and (COUC 502 or CMHC 502 or COUN 502) and (COSC 504 or CMHC 504 or COUN 504 or EDCE 504)

This COSC 690 course includes the application process for Gate 3.0 and internship field placement for the school counseling program. This course is 0 credits and is Pass/Fail. Approval through Gate 3.0 and completion of the internship application process indicates approval to begin the school counseling internship (COSC 693 or COSC 699).

**Offered:** Online

**COSC 691 Gate 3.5/Internship II Application 0 Credit Hour(s)**

**Online Prerequisite:** ((COSC 500 or EDCE 500) and (COSC 501 or EDCE 501) and (COSC 512 or EDCE 512 or EDUC 512) and (COUC 502 or CMHC 502 or COUN 502) and (COUC 504 or CMHC 504 or COUN 504 or EDCE 504) and (COSC 692 or COSC 698) and (COSC 693 (may be taken concurrently) or COSC 699) and COSC 505 and COSC 510 and COSC 513 )

The COSC 691 course includes the application process for Gate 3.5 and internship field placement for the school counseling program. This course is 0 credits and is Pass/Fail. Approval through Gate 3.5 and completion of the internship application process indicates approval to begin the school counseling internship (COSC 694 or COSC 699).

**Offered:** Online

**COSC 692 School Counseling Practicum 3 Credit Hour(s)**

**Online Prerequisite:** ((COSC 501 or EDCE 501) and (COSC 505 or EDCE 505) and (COSC 512 or EDCE 512 or EDUC 512) and (COUC 502 or CMHC 502 or COUN 502) and (COUC 504 or CMHC 504 or COUN 504 or EDCE 504) and COSC 500 and COSC 510 and COSC 513 )

The School Counseling Practicum course is the first field experience for students designed to build both clinical and non-clinical counseling skills at the elementary or secondary school setting under the supervision of licensed school counselor on-site supervisor and faculty supervisor. The practicum experience will include a minimum of 100 hours.

**Offered:** Online

**COSC 693 School Counseling Internship I 3 Credit Hour(s)**

**Online Prerequisite:** ((COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 522 or EDCE 522 or COUN 522 or CMHC 522) and (COSC 501 or EDCE 501) and (COSC 505 or EDCE 505) and (COSC 512 or EDCE 512) and (COSC 611 or EDCE 611) and (COSC 660 or EDCE 660) and (COSC 661 or EDCE 661) and (COSC 692 or COSC 698) and (COSC 500 or Theories in Counseling with a score of 5) and COSC 510 and COSC 513 and COSC 690 )

The School Counseling Internship I course is the first of two field experience requirements for school counseling candidates designed to build both clinical and non-clinical counseling skills in the elementary or secondary school settings. The field experience occurs under the supervision of licensed school counselor on-site supervisor and faculty supervisor. Internship I will consist of fieldwork for 300 hours with a minimum of 120 hours as direct student services. The Internship I course will prepare the candidate for Internship II for a culminating total of 600 hours.

**Offered:** Online

**COSC 694 School Counseling Internship II 3 Credit Hour(s)**

**Online Prerequisite:** ((COUC 504 or EDCE 504 or CMHC 504 or COUN 504) and (COUC 522 or EDCE 522 or CMHC 522 or COUN 522) and (COSC 500 or Theories in Counseling with a score of 5) and (COSC 501 or EDCE 501) and (COSC 505 or EDCE 505) and (COSC 512 or EDCE 512) and (COSC 611 or EDCE 611) and (COSC 660 or EDCE 660) and (COSC 661 or EDCE 661) and (COSC 692 or COSC 698) and (COSC 693 or COSC 699) and COSC 510 and COSC 513 and COSC 690 and COSC 691 )

The School Counseling Internship II course is the final field experience for school counseling candidates designed to build both clinical and non-clinical counseling skills in the elementary or secondary school settings. The field experience occurs under the supervision of licensed school counselor on-site supervisor and faculty supervisor. Internship II will consist of fieldwork for 300 hours with a minimum of 120 hours as direct student services. The internship II finalizes the student's requirement of a minimum total of 600 field hours, with at least 240 of these as direct student services.

**Offered:** Online