

# CRISIS COUNSELING (CRIS)

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## **CRIS 605 Crisis and First Responder Training: Skills and Techniques 3 Credit Hour(s)**

This course will provide a foundation of the theoretical concepts and practical applications of crisis response and critical incidents, taking into account topics such as: intervention models and their efficacy and the consequential effects of critical incident stress and trauma on the life of an individual, group and organization.

**Offered:** Online

## **CRIS 606 Acute Stress, Grief and Trauma 3 Credit Hour(s)**

This course will provide a foundation of the theoretical concepts associated with the impact and consequences of acute stress on victims, first responders, families, and community members, taking into account the process of grief and loss, complicated grief, dying, death, and bereavement, and the long term consequences of unresolved trauma. Particular attention is paid to the treatment of the human stress response, effective counseling strategies, methods and techniques for immediate response, comorbidity, anxiety and depression, abuse, impact dynamics of crisis and trauma, survivor guilt, and cultural sensitivity.

**Offered:** Online

## **CRIS 607 PTSD and Combat Related Trauma 3 Credit Hour(s)**

This course will examine in depth the causes, symptoms and treatments of PTSD and Combat-related PTSD, taking into account the latest research in the field and examining the affective, behavioral, cognitive and spiritual challenges faced by survivors.

**Offered:** Online

## **CRIS 608 Trauma Assessment and Interventions 3 Credit Hour(s)**

A focused investigation of specific techniques and interventions utilized in trauma care. Focus is given to the physical and psychological effects of trauma, a Christian theology of suffering, and assessment use in counseling clients in trauma.

**Offered:** Online

## **CRIS 609 Complex Trauma and Disasters: Offering Emotional and Spiritual Care 3 Credit Hour(s)**

This course will examine the role of faith-based organizations, faith communities, and pastors and clergy in the care of emotional and spiritual health in individuals, communities, and organizations following trauma and disaster. Specifically, topics will include the life cycle of a disaster, exclusive types of trauma and disasters, models of response for faith-based communities, collaborative efforts between mental health professionals and faith-based services, and other salient factors for effective emotional and spiritual care.

**Offered:** Online