

# ADDICTIONS & RECOVERY (SUBS)

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**SUBS 505 Addictions and the Recovery Process 3 Credit Hour(s)**

This course includes a thorough examination of the theoretical models of addiction with an introduction to the neurobiology of addiction while exploring the addiction cycle, the evaluation and treatment of addictions, the trauma that occurs with addictions, and intervention planning. In addition, the student will learn about the pharmacology of drugs.

**Offered:** Online

**SUBS 606 Biological Aspects of Addiction and Recovery 3 Credit Hour(s)**

**Online Prerequisite:** SUBS 505

Substance abuse and addictive behaviors have effects on the brain and the rest of the human body. This course focuses on biological aspects of addiction including brain anatomy, neurotransmitters and other brain chemicals, predisposing biological factors, and physiological effects. These biological aspects are reviewed for each of the primary classifications of drugs of abuse and key addictive behaviors. Biological aspects of medical approaches to treatment and recovery are also considered.

**Offered:** Online

**SUBS 607 Treatment and the Recovery Process 3 Credit Hour(s)**

**Online Prerequisite:** SUBS 505

This course includes a thorough examination of the treatment models of addiction, recovery, and relapse. Students will explore the treatment outcome research, begin treatment planning, and gain a working understanding of the culture of addiction and recovery. This is in essence an experiential class, with a combination of reading, exercises, and hands on experience in the recovery area.

**Offered:** Online

**SUBS 608 Diagnosis and Treatment of Sexual Addiction 3 Credit Hour(s)**

**Online Prerequisite:** SUBS 505

This course includes a thorough examination of sexual addiction including the definition, neurobiology, etiology, diagnosis and treatment. Both male and female sexual addiction will be explored. Topics related to sexual addiction including marital affairs, pornography, homosexuality and lesbianism will also be covered. A biblical understanding and approach to treatment will be integrated into the course.

**Offered:** Online

**SUBS 609 Healthy Sexuality 3 Credit Hour(s)**

This course provides a foundational understanding of healthy sexuality based on a psychological and Scriptural foundation. Special attention is given to foundations of sexual development, sexual enrichment, challenges, brokenness, and controversial issues surrounding healthy sexuality

**Offered:** Online