

# PSYCHOLOGY (B.S.) - CRISIS COUNSELING - ONLINE

**Important:** This degree plan is effective for those starting this degree program in fall 2025 through summer 2026. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

## General Education/Foundational Skills Requirements

| Code   | Title   | Hours        |
|--|---|--------------|
| <b>Communication &amp; Information Literacy <sup>1</sup></b>             |   |              |
| ENGL 101   | Composition and Rhetoric                                | 3            |
|  | Communications Elective                                 | 3            |
|  | Information Literacy Elective                           | 3            |
|  | Information Literacy Elective                           | 3            |
| <b>Technological Solutions &amp; Quantitative Reasoning <sup>1</sup></b> |   |              |
| UNIV 104   | Instructional Technology for Successful Online Learning | 0-3          |
|  | Math Elective MATH 114 or higher                        | 3            |
| <b>Critical Thinking <sup>1</sup></b>                                    |   |              |
| RLGN 104   | Christian Life and Biblical Worldview <sup>2</sup>      | 4            |
|  | Critical Thinking Elective                              | 3            |
| <b>Civic &amp; Global Engagement <sup>1</sup></b>                        |   |              |
|  | Cultural Studies Elective                               | 3            |
| <b>Social &amp; Scientific Inquiry <sup>1</sup></b>                      |   |              |
|  | Natural Science Elective                                | 3            |
|  | Social Science Elective                                 | 3            |
| <b>Christianity &amp; Contexts <sup>1</sup></b>                          |   |              |
| BIBL 104   | Survey of Old and New Testament                         | 4            |
| THEO 104   | Introduction to Theology Survey <sup>2</sup>            | 4            |
| <b>Total Hours</b>   |   | <b>39-42</b> |

<sup>1</sup> Refer to the list of approved general education electives before enrolling in foundational skill requirements

<sup>2</sup> Students transferring in 45 or more UG credit hours will have the requirement of RLGN 104 waived; Students transferring in 60 or more UG credit hours will also have the requirement of THEO 104 waived

## Major Requirements

| Code                              | Title   | Hours     |
|-----------------------------------|---|-----------|
| <b>Major Foundational Courses</b> |   |           |
| BIOL 102                          | Principles of Human Biology <sup>1</sup>        | 3         |
| PSYC 101                          | General Psychology <sup>1</sup>                 | 3         |
| PSYC 210                          | Developmental Psychology <sup>1</sup>           | 3         |
| PSYC 354                          | Statistics for the Social Sciences <sup>1</sup> | 3         |
| <b>Total Hours</b>                |   | <b>12</b> |

<sup>1</sup> Course may fulfill select general education requirements

| Code               | Title  | Hours     |
|--------------------|--|-----------|
| <b>Major Core</b>  |  |           |
| PSYC 255           | Introduction to Research                     | 3         |
| PSYC 310           | Cognitive Psychology                         | 3         |
| PSYC 312           | Social Psychology                            | 3         |
| PSYC 320           | Behavior Modification                        | 3         |
| PSYC 341           | Psychology of Personality                    | 3         |
| PSYC 351           | Multicultural Counseling and Research Issues | 3         |
| PSYC 355           | Statistics in Psychology                     | 3         |
| PSYC 365           | Psychological Foundations of Learning        | 3         |
| PSYC 380           | Physiological Psychology                     | 3         |
| PSYC 420           | Psychology and Christianity                  | 3         |
| PSYC 421           | Psychological Measurement                    | 3         |
| PSYC 430           | Abnormal Psychology                          | 3         |
| PSYC 491           | Capstone in Psychology                       | 3         |
| or PSYC 499        | Internship                                   |           |
| <b>Total Hours</b> |  | <b>39</b> |

| Code               | Title                                      | Hours    |
|--------------------|--|----------|
| <b>Cognate</b>     |  |          |
| CRIS 302           | Foundational Principles of Crisis Response | 3        |
| CRIS 303           | Acute Stress, Grief and Trauma             | 3        |
|                    | Crisis Counseling Elective <sup>1</sup>    | 3        |
| <b>Total Hours</b> |  | <b>9</b> |

<sup>1</sup> Choose one course from the following: CRIS 304, CRIS 305, or CRIS 306

| Code                  | Title                                       | Hours        |
|-----------------------|---|--------------|
| <b>Free Electives</b> |   |              |
|                       | Choose 18-27 credit hours of Free Electives | 18-27        |
| <b>Total Hours</b>    |   | <b>18-27</b> |

*All applicable prerequisites must be met*

## Graduation Requirements

- **120** Total hours
- **2.0** Overall grade point average
- **30** Hours must be upper-level courses (300-400 level)
- **Grade of 'C'** Minimum required for all upper-level courses in the major
- **25%** Of major and cognate taken through Liberty University
- **30** Hours must be completed through Liberty University
- **Grad App** Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

## Course Sequence

| Course                | Title   | Hours |
|-----------------------|---|-------|
| <b>First Year</b>     |   |       |
| <b>First Semester</b> |   |       |
| BIBL 104              | Survey of Old and New Testament                         | 4     |
| ENGL 101              | Composition and Rhetoric                                | 3     |
| UNIV 104              | Instructional Technology for Successful Online Learning | 0-3   |
|                       | Communications Elective <sup>1</sup>                    | 3     |

| Course   | Title  | Hours        |
|--|--|--------------|
| Social Science Elective (PSYC 101) <sup>1</sup>  |  | 3            |
| <b>Hours</b>                                     |  | <b>13-16</b> |
| <b>Second Semester</b>                           |  |              |
| PSYC 210   | Developmental Psychology                     | 3            |
| RLGN 104   | Christian Life and Biblical Worldview        | 4            |
| Information Literacy Elective <sup>1</sup>       |  | 3            |
| MATH Elective <sup>1</sup>                       |  | 3            |
| Natural Science Elective (BIOL 102) <sup>1</sup> |  | 3            |
| <b>Hours</b>                                     |  | <b>16</b>    |
| <b>Second Year</b>                               |  |              |
| <b>First Semester</b>                            |  |              |
| THEO 104   | Introduction to Theology Survey              | 4            |
| Critical Thinking Elective <sup>1</sup>          |  | 3            |
| Cultural Studies Elective <sup>1</sup>           |  | 3            |
| PSYC 255   | Introduction to Research                     | 3            |
| Elective   |  | 3            |
| <b>Hours</b>                                     |  | <b>16</b>    |
| <b>Second Semester</b>                           |  |              |
| Information Literacy Elective <sup>1</sup>       |  | 3            |
| PSYC 341   | Psychology of Personality                    | 3            |
| PSYC 354   | Statistics for the Social Sciences           | 3            |
| Elective   |  | 3            |
| Elective   |  | 3            |
| <b>Hours</b>                                     |  | <b>15</b>    |
| <b>Third Year</b>                                |  |              |
| <b>First Semester</b>                            |  |              |
| CRIS 302   | Foundational Principles of Crisis Response   | 3            |
| PSYC 312   | Social Psychology                            | 3            |
| PSYC 351   | Multicultural Counseling and Research Issues | 3            |
| PSYC 355   | Statistics in Psychology                     | 3            |
| PSYC 365   | Psychological Foundations of Learning        | 3            |
| <b>Hours</b>                                     |  | <b>15</b>    |
| <b>Second Semester</b>                           |  |              |
| CRIS 303   | Acute Stress, Grief and Trauma               | 3            |
| PSYC 310   | Cognitive Psychology                         | 3            |
| PSYC 380   | Physiological Psychology                     | 3            |
| Crisis Counseling Elective <sup>2</sup>          |  | 3            |
| Elective   |  | 3            |
| <b>Hours</b>                                     |  | <b>15</b>    |
| <b>Fourth Year</b>                               |  |              |
| <b>First Semester</b>                            |  |              |
| PSYC 420   | Psychology and Christianity                  | 3            |
| PSYC 421   | Psychological Measurement                    | 3            |
| PSYC 430   | Abnormal Psychology                          | 3            |
| Elective   |  | 3            |
| Elective   |  | 3            |
| <b>Hours</b>                                     |  | <b>15</b>    |
| <b>Second Semester</b>                           |  |              |
| PSYC 320   | Behavior Modification                        | 3            |

| Course                  | Title                                   | Hours          |
|-------------------------|---|----------------|
| PSYC 491<br>or PSYC 499 | Capstone in Psychology<br>or Internship | 3              |
| Elective                |   | 3              |
| Elective                |   | 3              |
| Elective                |   | 3              |
| <b>Hours</b>            |   | <b>15</b>      |
| <b>Total Hours</b>      |   | <b>120-123</b> |

<sup>1</sup> Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling foundational skills requirements.

<sup>2</sup> Choose one course of the following: CRIS 304, CRIS 305, or CRIS 306.