

PSYCHOLOGY (B.S.) - LIFE COACHING - ONLINE

Important: This degree plan is effective for those starting this degree program in fall 2025 through summer 2026. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

General Education/Foundational Skills Requirements

Code	Title	Hours
Communication & Information Literacy ¹		
ENGL 101	Composition and Rhetoric	3
	Communications Elective	3
	Information Literacy Elective	3
	Information Literacy Elective	3
Technological Solutions & Quantitative Reasoning ¹		
UNIV 104	Instructional Technology for Successful Online Learning	0-3
	Math Elective MATH 114 or higher	3
Critical Thinking ¹		
RLGN 104	Christian Life and Biblical Worldview ²	4
	Critical Thinking Elective	3
Civic & Global Engagement ¹		
	Cultural Studies Elective	3
Social & Scientific Inquiry ¹		
	Natural Science Elective	3
	Social Science Elective	3
Christianity & Contexts ¹		
BIBL 104	Survey of Old and New Testament	4
THEO 104	Introduction to Theology Survey ²	4
Total Hours		39-42

¹ Refer to the list of approved general education electives before enrolling in foundational skill requirements

² Students transferring in 45 or more UG credit hours will have the requirement of RLGN 104 waived; Students transferring in 60 or more UG credit hours will also have the requirement of THEO 104 waived

Major Requirements

Code	Title	Hours
Major Foundational Courses		
BIOL 102	Principles of Human Biology ¹	3
PSYC 101	General Psychology ¹	3
PSYC 210	Developmental Psychology ¹	3
PSYC 354	Statistics for the Social Sciences ¹	3
Total Hours		12

¹ Course may fulfill select general education requirements

Code	Title	Hours
Major Core		
PSYC 255	Introduction to Research	3
PSYC 310	Cognitive Psychology	3
PSYC 312	Social Psychology	3
PSYC 320	Behavior Modification	3
PSYC 341	Psychology of Personality	3
PSYC 351	Multicultural Counseling and Research Issues	3
PSYC 355	Statistics in Psychology	3
PSYC 365	Psychological Foundations of Learning	3
PSYC 380	Physiological Psychology	3
PSYC 420	Psychology and Christianity	3
PSYC 421	Psychological Measurement	3
PSYC 430	Abnormal Psychology	3
PSYC 491	Capstone in Psychology	3
or PSYC 499	Internship	
Total Hours		39

Code	Title	Hours
Cognate		
LIFC 201	Introduction to Life Coaching	3
LIFC 202	Advanced Skills in Life Coaching	3
	Life Coaching Elective ¹	3
Total Hours		9

¹ Choose one course from the following: LIFC 301, LIFC 302, LIFC 303, or LIFC 304

Code	Title	Hours
Free Electives		
	Choose 18-27 credit hours of Free Electives	18-27
Total Hours		18-27

All applicable prerequisites must be met

Graduation Requirements

- **120** Total hours
- **2.0** Overall grade point average
- **30** Hours must be upper-level courses (300-400 level)
- **Grade of 'C'** Minimum required for all upper-level courses in the major
- **25%** Of major and cognate taken through Liberty University
- **30** Hours must be completed through Liberty University
- **Grad App** Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

Course Sequence

Course	Title	Hours
First Year		
First Semester		
BIBL 104	Survey of Old and New Testament	4
ENGL 101	Composition and Rhetoric	3
UNIV 104	Instructional Technology for Successful Online Learning	0-3

Course	Title	Hours
Communications Elective ¹		3
Social Science Elective (PSYC 101) ¹		3
Hours		13-16
Second Semester		
PSYC 210	Developmental Psychology	3
RLGN 104	Christian Life and Biblical Worldview	4
Information Literacy Elective ¹		3
MATH Elective ¹		3
Natural Science Elective (BIOL 102) ¹		3
Hours		16
Second Year		
First Semester		
THEO 104	Introduction to Theology Survey	4
Critical Thinking Elective ¹		3
Cultural Studies Elective ¹		3
LIFC 201	Introduction to Life Coaching	3
PSYC 255	Introduction to Research	3
Hours		16
Second Semester		
Information Literacy Elective ¹		3
LIFC 202	Advanced Skills in Life Coaching	3
PSYC 354	Statistics for the Social Sciences	3
Elective		3
Elective		3
Hours		15
Third Year		
First Semester		
Life Coaching Elective ²		3
PSYC 312	Social Psychology	3
PSYC 341	Psychology of Personality	3
PSYC 355	Statistics in Psychology	3
PSYC 365	Psychological Foundations of Learning	3
Hours		15
Second Semester		
PSYC 310	Cognitive Psychology	3
PSYC 351	Multicultural Counseling and Research Issues	3
PSYC 380	Physiological Psychology	3
Elective		3
Elective		3
Hours		15
Fourth Year		
First Semester		
PSYC 420	Psychology and Christianity	3
PSYC 421	Psychological Measurement	3
PSYC 430	Abnormal Psychology	3
Elective		3
Elective		3
Hours		15
Second Semester		
PSYC 320	Behavior Modification	3

Course	Title	Hours
PSYC 491 or PSYC 499	Capstone in Psychology or Internship	3
Elective		3
Elective		3
Elective		3
Hours		15
Total Hours		120-123

¹ Refer to the list of approved general education electives at www.liberty.edu/gened before enrolling foundational skills requirements.

² Choose one course from the following: LIFC 301, LIFC 302, LIFC 303, or LIFC 304.