

# PSYCHOLOGY (B.S.) - MILITARY RESILIENCE - ONLINE

**Important:** This degree plan is effective for those starting this degree program in fall 2025 through summer 2026. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

## General Education/Foundational Skills Requirements

Code	Title	Hours
<b>Communication &amp; Information Literacy <sup>1</sup></b>		
ENGL 101	Composition and Rhetoric	3
	Communications Elective	3
	Information Literacy Elective	3
	Information Literacy Elective	3
<b>Technological Solutions &amp; Quantitative Reasoning <sup>1</sup></b>		
UNIV 104	Instructional Technology for Successful Online Learning	0-3
	Math Elective MATH 114 or higher	3
<b>Critical Thinking <sup>1</sup></b>		
RLGN 104	Christian Life and Biblical Worldview <sup>2</sup>	4
	Critical Thinking Elective	3
<b>Civic &amp; Global Engagement <sup>1</sup></b>		
	Cultural Studies Elective	3
<b>Social &amp; Scientific Inquiry <sup>1</sup></b>		
	Natural Science Elective	3
	Social Science Elective	3
<b>Christianity &amp; Contexts <sup>1</sup></b>		
BIBL 104	Survey of Old and New Testament	4
THEO 104	Introduction to Theology Survey <sup>2</sup>	4
<b>Total Hours</b>		<b>39-42</b>

<sup>1</sup> Refer to the list of approved general education electives before enrolling in foundational skill requirements

<sup>2</sup> Students transferring in 45 or more UG credit hours will have the requirement of RLGN 104 waived; Students transferring in 60 or more UG credit hours will also have the requirement of THEO 104 waived

## Major Requirements

Code	Title	Hours
<b>Major Foundational Courses</b>		
BIOL 102	Principles of Human Biology <sup>1</sup>	3
PSYC 101	General Psychology <sup>1</sup>	3
PSYC 210	Developmental Psychology <sup>1</sup>	3
PSYC 354	Statistics for the Social Sciences <sup>1</sup>	3
<b>Total Hours</b>		<b>12</b>

<sup>1</sup> Course may fulfill select general education requirements

Code	Title	Hours
<b>Major Core</b>		
PSYC 255	Introduction to Research	3
PSYC 310	Cognitive Psychology	3
PSYC 312	Social Psychology	3
PSYC 320	Behavior Modification	3
PSYC 341	Psychology of Personality	3
PSYC 351	Multicultural Counseling and Research Issues	3
PSYC 355	Statistics in Psychology	3
PSYC 365	Psychological Foundations of Learning	3
PSYC 380	Physiological Psychology	3
PSYC 420	Psychology and Christianity	3
PSYC 421	Psychological Measurement	3
PSYC 430	Abnormal Psychology	3
PSYC 491 or PSYC 499	Capstone in Psychology Internship	3
<b>Total Hours</b>		<b>39</b>

Code	Title	Hours
<b>Cognate</b>		
MILT 275	The Resilient Warrior	3
MILT 325	Resilient Marriage and Family	3
	Military Resilience Elective <sup>1</sup>	3
<b>Total Hours</b>		<b>9</b>

<sup>1</sup> Choose one course from the following: CRIS 302, MILT 375, or MILT 475

Code	Title	Hours
<b>Free Electives</b>		
	Choose 18-27 credit hours of Free Electives	18-27
<b>Total Hours</b>		<b>18-27</b>

*All applicable prerequisites must be met*

## Graduation Requirements

- 120 Total hours
- 2.0 Overall grade point average
- 30 Hours must be upper-level courses (300-400 level)
- **Grade of 'C'** Minimum required for all upper-level courses in the major
- 25% Of major and cognate taken through Liberty University
- 30 Hours must be completed through Liberty University
- **Grad App** Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

## Course Sequence

Course	Title	Hours
<b>First Year</b>		
<b>First Semester</b>		
BIBL 104	Survey of Old and New Testament	4
ENGL 101	Composition and Rhetoric	3
UNIV 104	Instructional Technology for Successful Online Learning	0-3
	Communications Elective <sup>1</sup>	3

Course	Title	Hours
Social Science Elective (PSYC 101) <sup>1</sup>		3
<b>Hours</b>		<b>13-16</b>
<b>Second Semester</b>		
PSYC 210	Developmental Psychology	3
RLGN 104	Christian Life and Biblical Worldview	4
Information Literacy Elective <sup>1</sup>		3
MATH Elective <sup>1</sup>		3
Natural Science Elective (BIOL 102) <sup>1</sup>		3
<b>Hours</b>		<b>16</b>
<b>Second Year</b>		
<b>First Semester</b>		
THEO 104	Introduction to Theology Survey	4
Critical Thinking Elective <sup>1</sup>		3
Cultural Studies Elective <sup>1</sup>		3
MILT 275	The Resilient Warrior	3
PSYC 255	Introduction to Research	3
<b>Hours</b>		<b>16</b>
<b>Second Semester</b>		
Information Literacy Elective <sup>1</sup>		3
PSYC 351	Multicultural Counseling and Research Issues	3
PSYC 354	Statistics for the Social Sciences	3
Elective		3
Elective		3
<b>Hours</b>		<b>15</b>
<b>Third Year</b>		
<b>First Semester</b>		
MILT 325	Resilient Marriage and Family	3
PSYC 312	Social Psychology	3
PSYC 341	Psychology of Personality	3
PSYC 355	Statistics in Psychology	3
PSYC 365	Psychological Foundations of Learning	3
<b>Hours</b>		<b>15</b>
<b>Second Semester</b>		
PSYC 310	Cognitive Psychology	3
PSYC 380	Physiological Psychology	3
Military Resilience Elective <sup>2</sup>		3
Elective		3
Elective		3
<b>Hours</b>		<b>15</b>
<b>Fourth Year</b>		
<b>First Semester</b>		
PSYC 420	Psychology and Christianity	3
PSYC 421	Psychological Measurement	3
PSYC 430	Abnormal Psychology	3
Elective		3
Elective		3
<b>Hours</b>		<b>15</b>
<b>Second Semester</b>		
PSYC 320	Behavior Modification	3

Course	Title	Hours
PSYC 491 or PSYC 499	Capstone in Psychology or Internship	3
Elective		3
Elective		3
Elective		3
<b>Hours</b>		<b>15</b>
<b>Total Hours</b>		<b>120-123</b>

<sup>1</sup> Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling foundational skills requirements.

<sup>2</sup> Choose one course from the following: CRIS 302, MILT 375, or MILT 475.