

# MENTORING (MENT)

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**MENT 100 Foundations for Academic Success 3 Credit Hour(s)**

This course is designed to assist students in their academic adjustment to college. There is a focus on learning and application of study strategies and self-management skills. In addition, emphasis is placed on community and accountability which provide the foundation for academic success. (Formerly CLST 100)

**Offered:** Resident

**MENT 101 Mentoring for University Transition 1 Credit Hour(s)**

This course is designed to provide instruction in study strategies and life skills basic to the successful transition to the university. Within a small group setting, instructors will mentor students in their understanding and application of these concepts.

**Registration Restrictions:** Freshmen only

**Offered:** Resident