

# RECREATION MANAGEMENT (RMGT)

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**RMGT 210 Introduction to Paddling 2 Credit Hour(s)**

This course will allow students to develop the physical, mental, and technical skills required to paddle basic flatwater and plan water based trips. Students will have the opportunity to sit for the certification exam available through the American Canoe Association certifications in river rescue and canoeing. Instructional emphases will focus on paddling strokes, managing various boats such as kayaks, canoes and stand-up paddleboards, water safety, basic water rescue techniques, and trip planning.

**Offered:** Resident